



Storm Gym News

Welcome to August's newsletter.

We hope those who are lucky enough to be off from work are enjoying the summer holidays, remember we are open as usual, so no excuses for not training, and remember parents can train for 45 minutes for £3.00 whilst your child trains. We have made a slight change to the timetable, it is now at 9.30am.

July saw some of our fight team taking centre stage at Amateur Kings, Luton. It was a great day with a fantastic atmosphere with little Maks up first in his first decision fight. Maks proved that he has the heart of a warrior and stayed focussed, listening to Amir and Aiden, sadly this was not enough for Maks to claim victory.

Lilly Lawless Cook proved that she is indeed Lawless and delivered a show of combinations and once again proving that her low kicks deliver the results with her taking an unanimous win.

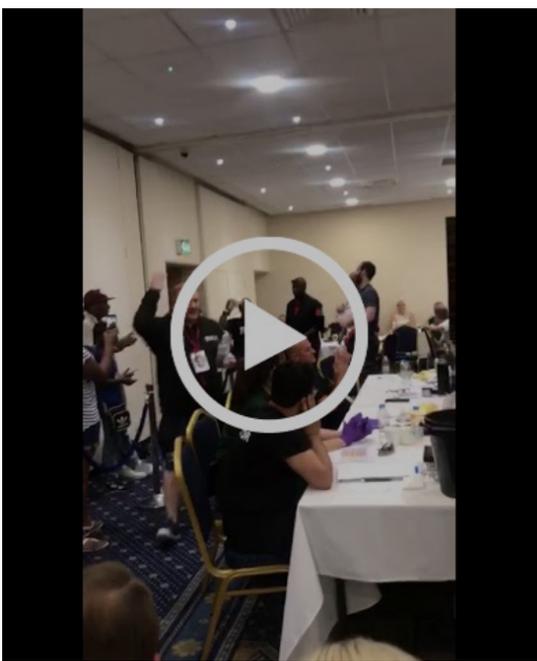
Rehaan was next to enter the ring against Archie from Renegade, we have to mention that Archie took the fight on two hours notice as Rehaan's opponent had sadly pulled out. Rehaan's fight name is 'The Doctor' due to him landing his punches and kicks with precision. This proved all too much for Archie with his corner stopping the fight making Rehaan the new Amateur Kings Southern Area Champion. We are sure Archie will be looking for a rematch!

Big Max from the junior team came out strong against his opponent landing some strong punches in the first round. Max did not get the win due to lowering his head when in close combat with his opponent and this resulted in Max being disqualified. We are sure that Max will take this as experience and will be in the gym training harder than ever before.

The final member of our fight team was Nat, our instructor, who has taken the leap from interclubs to decision fights walked into the ring with the audience cheering her on. She came out with a flurry of punches and kept the pressure on in all three rounds with her taking the win. We are very proud of her and look forward to her entering the ring again.

Nat's walk out was full of energy and got the crowds cheering!

<https://www.youtube.com/watch?v=zowZkFcdDok&feature=youtu.be>



Amateur Kings is becoming a very popular amateur K1 show, and we have to mention that on shows like it is a very important platform for budding fighters from all over Europe with fighters now being selected to compete on the UK's biggest K1 show SuperFight Series. After the fights the competitors socialise and friendships are made. The picture above proves this, with Lilly, Amber, Maria from Storm Gym playing with Millie from Trojans, Walsall, Ellie from Lions, Watford and Jodie from TFF from Cork, Ireland.



Giannis 'Greekboy' Skordilis went to China to fight on the prestigious Faith Fight show in China and has now built up quite a following with the Chinese, we are very proud to say that Giannis won his fight by knock out in the third round. Giannis was back in the gym preparing for his next fight and teaching our children's class.

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